

NICOTINE ADDICTION AND SMOKING CESSATION

The Nicotine Addiction and Smoking Cessation micro-credential is for allied health professionals, doctors and health educators with a special interest in tobacco control and smoking cessation.

Key learning areas include:

- | Knowledge of tobacco prevalence, use and harms;
- | Knowledge of nicotine pharmacology, metabolism and dependence;
- | Assessment (including skills, techniques and tools);
- | Counselling (evidence-based strategies for success in diverse cultural settings);
- | Pharmacotherapy;
- | Treatment planning;
- | Follow-up and record keeping;
- | Professional standards and more.

The unit will be taught by Conjoint Professor Renee Bittoun, an internationally recognised expert who has worked in the field of nicotine addiction and smoking cessation for more than 40 years. Renee also started one of the world's first Smokers' Clinics in 1979 at St Vincent's Hospital in Sydney.

You can study this unit on its own or have it count towards a Graduate Certificate of Lifestyle Medicine or Graduate Diploma of Lifestyle Medicine. For more information, please email study@avondale.edu.au.

Prerequisites

Bachelor's degree (Level 7 AQF or equivalent)

Accreditation

The Nicotine Addiction and Smoking Cessation unit (within a Lifestyle Medicine course) is accredited under Avondale's self-accrediting authority, within the terms of the Australian Qualifications Framework, and is nationally registered with the Tertiary Education Quality and Standards Agency (TEQSA). In 2014 Avondale was granted self-accrediting status by TEQSA.

Semester Intake

Semester One – No

Semester Two – Yes (every second year, 2022, 2024, etc.)

FEE-HELP is not available for the Nicotine Addiction and Smoking Cessation unit. However, FEE-HELP is available for the Graduate Certificate and Graduate Diploma of Lifestyle Medicine.

POSTGRADUATE

Nicotine Addiction and Smoking Cessation (micro-credential)

Code	LMLR50109
Course	Nicotine Addiction and Smoking Cessation (micro-credential short course)
Fee Support	Fees paid upfront
Study mode	Online
Duration	One semester (13 weeks)

CAREER OPPORTUNITIES

This micro-credential is an educational qualification that adds to your existing qualification/s. Any smoking cessation provision should be performed within the framework of your existing profession.

Suitable for:

- | Health Educators
- | Allied Health Professionals
- | Doctors